



Parent Empowerment 2022 SUMMER ENRICHMENT

Atlanta U4P

A community-based program designed to collaborate with local partners to provide workforce development training, wellness, and support to low-income parents while advancing them towards self-sufficiency and economic mobility.

**CLASSES START
JUNE 7 - AUGUST 11, 2022**



FREE VIRTUAL COURSES

Training

- The Entrepreneurial Mindset
- Graphic Design Essentials
- Writing Our Stories Through Verse & Written Word
- Essential Keys to Effective Communications

Wellness

- Eat Yourself Healthy: Healing with Food
- Anger Management Tools
- A New Way Forward

Support

- Wellness Circle
- Parenting Circle

U4P is here to help!

REGISTER TODAY!

HAVE QUESTIONS?
info@uforparents.org

Visit us online for full course descriptions.
www.uforparents.org